

Enid Maunday

BEAUTY SALON

Tuesday 10 - 6pm
Wednesday 10 - 8pm
Thursday 10 - 6pm
Friday 10 - 7pm
Saturday 9 - 3pm

T: 023 9238 1663

94 West Street, Portchester,
Fareham, Hampshire PO16 9UQ

FACIAL TREATMENTS

Hydraderm Youth - star of beauty treatments - 1hr 15mins £68.70

Achieve immediate results with Guinot's signature treatment created as the alternative to aesthetic medicine. Using dynamic ionisation and thermal energy, this patented technology is designed to boost the skin's cellular energy to enhance and rejuvenate the complexion. This unique, age-defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns; allowing you to achieve exceptional, visible and clinically proven results after just one treatment.

Hydraderm Age Logic - anti-ageing star treatment - 1hr 45mins £96.50

Clinically proven to reduce wrinkle depth by up to 49.5%, this specially designed anti-ageing Hydradermie facial puts extra focus on the eye contour, neck and décolleté for an all-compassing age defying result. This treatment includes a luxury hand massage.

Hydradermie Lift - "instant lifting" treatment - 1hr £69.50

We can't reverse time, but we can reduce the effects of time on your skin. This effective lifting treatment stimulates the facial muscles using a low frequency micro current to produce a toning action and invigorate the muscle fibres in the skin for a smoother, firmer and more youthful appearance to the complexion.

Hydradermie Lift Express - express lift treatment - 30mins £49.00

For those in a hurry and need results quick. This treatment includes cleansing, exfoliation, lymphatic drainage and muscle stimulation restoring a youthful tone to the complexion.

Hydradermie Lift Deluxe - ultimate lifting treatment - 2hrs £123.80

A combination of the Hydradermie Age Logic and the Hydradermie Lift for the ultimate lifting effect. Experience immediate contouring results thanks to facial muscle stimulation, firming active ingredients and age-defying techniques. **Saving £21.70**

Eye Lift - ultimate eye lifting treatment - 50mins £54.00

This unique treatment reduces the signs of ageing and fatigue in the eye contour area. The combination of exclusive eye massage techniques and muscle stimulation using micro currents works to visibly lift, tone, aid drainage and boost microcirculation. An intensive eye mask infused with active ingredients leaves the eyes looking more radiant and youthful.

Course of 3 treatments recommended, taken one a week £135.00

Lift Summum - firming, lifting treatment - 1hr £77.00

An exclusive global firming treatment that immediately reduces signs of fatigue and ageing, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients Collagen XV111 helps improve elasticity. The Anti-Wrinkle Eraser diminishes the appearance of wrinkles, whilst the unique specific face and décolleté masks restore a youthful appearance. This treatment includes a luxury hand massage.

Age Summum - "anti-ageing" treatment - 1hr £77.00

The pinnacle of anti-ageing treatments. Age Summum is enriched with highly concentrated Vitamin C, Hyaluronic Acid and Pro-Collagen to firm facial tissue and combat skin slackening. Active ingredients penetrate deep into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and a youthful radiance is restored. The treatment includes a luxury hand massage.

Aromatic Facial - beauty treatment with Essential Oils - 1hr £53.00

Nature has been providing people with healing remedies for over 10,000 years. Guinot also uses natural Essential Oils and Plant Concentrates to create the prescriptive massage oils for the Aromatic Treatment for naturally beautiful skin. Made with tropical Plant Extracts, the Essential Oils bring energy directly to the skin and the skin cells. Concluding with an Aromatic mask, your skin will resolve its natural radiance.

Facial Just For You - 1hr £51.60

Guinot products specific to your skin's needs are used to cleanse, exfoliate and massage your face, neck and shoulders. A personalised mask is applied to add radiance to the complexion and the facial concludes with the application of an eye, face and neck cream.

Aromatherapy Facial - 1hr £49.50

A truly relaxing facial including face, shoulder and scalp massage using pure essential oils blended by our experienced beauty therapists, for your individual needs.

Bio-Therapeutic Facial Tone - 1hr 15mins £58.00

This combines the lifting benefits of the micro current computer with the advanced product technology resulting in improved skin tone, elasticity and moisturisation and reduction of fine lines and wrinkles.



BODY MASSAGE

Full body Swedish massage - 1hr	£43.50
Back, neck & shoulder Swedish massage - 30mins	£33.50
Swedish massage - 45mins	£39.00
Sports massage - per 15mins	£22.00

This technique relieves muscle pain caused by injury and is also helpful in loosening "tight" muscles in shoulders, calves, thighs etc. Can be incorporated in your usual massage or as an add-on.

Aromatherapy massage

Pure essential oils are blended to achieve improved function and harmony in the body. Essential oils have a range of effects including analgesia, relaxation, energising and lifting the mood. Ask your therapist to design a blend specific to your needs.

Full body aromatherapy massage - 1 hr	£46.70
Back, neck & shoulder massage - 30mins	£36.00
Body, face & scalp massage - 1hr 30min	£59.70
Face, scalp, back & shoulder massage - 1hr	£46.20
Indian head massage - 30mins	£32.50

The ultimate in relaxation. Massage is applied to the back, neck, head, upper arms and face. This relieves pressure in the skull, clears the respiratory tract and sinuses and soothes nerve endings leading to the brain.

BODY TREATMENTS

Reflexology - 1hr	£40.00
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This is an ancient therapy which involves massaging reflex areas on the feet, stimulating the healing forces present in the body to relieve the symptoms of disorders such as migraine, back pain and menstrual problems.

Reiki healing - approx. 1hr 30mins	£50.50
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The Usui system of natural therapy promotes healing on all levels - body, mind and spirit. Reiki catalyses the body's natural ability to heal itself and is an excellent complementary mode of healing, deeply relaxing, non - invasive and non - intrusive.

Aromazone - 45mins	£31.00
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This lymphatic massage treatment aids the body's detoxification process, reduces excess fluids and improves body shape and skin tone. One ½ hour session is equivalent to 6 hours of manual massage.

Course of 6 treatments	£155.00
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EYE TREATMENTS

*Eyelash tint - 30mins	£15.40
*Eyebrow tint - 20mins	£11.50
*Eyelash and eyebrow tint together - 45mins	£24.00

**Prior to your first tint with us a 48 hr skin test is required.*

Eyebrow tidy - 30mins	£10.80
Eyebrow re-shape - 45mins	£13.50

HANDS AND FEET

Gel FX manicure - 1hr 15mins	£33.00
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Ensures an incredibly durable chip-free treatment for up to 2 weeks.

Gel FX pedicure - 1hr 15mins	£33.00
Gel FX french manicure - 1hr 30mins	£34.00
Gel FX removal- 45mins	£15.00
Nailtiques luxury manicure with heated mittens - 1hr	£35.00
Nailtiques luxury pedicure with heated booties - 1hr 15mins	£38.50
Manicure with nail polish - 1hr 15mins	£31.00
Manicure without nail polish - 45mins	£25.00
Pedicure with nail polish - 1hr 15mins	£36.00
Pedicure without nail polish - 45mins	£30.00
Toe nails cut and filed	£15.00
Re polish of finger nails - 30mins	£19.00
Re polish of toe nails - 40mins	£20.00

WAXING

Full leg - 1hr	£28.20
Full leg & bikini	from £39.20
½ leg lower	£23.00
½ leg upper	£25.50
¾ leg	£26.50
Bikini line	from £14.00
Brazilian bikini line Using hard body wax for your comfort	£31.50
Hollywood bikini line Using hard body wax for your comfort	£37.00
Underarm	£12.00
Forearm	£14.40
*Lip	£11.00
*Chin	£11.00
Lip & chin together	£20.00
Lip bleach	£11.00

**Lip or chin wax with hard wax please add £1.90 to above prices*

ELECTROLYSIS PERMANENT HAIR REMOVAL

Enid Maunder is a highly qualified electrolysisist with over 30 years experience in treating clients for permanent hair removal and skin blemish removal. She is a Director of the British Institute and Association of Electrolysis (BIAE) and is continually updating her qualification and knowledge in this specialised service.

Permanent removal of unwanted hair by diathermy	
15mins	£22.50
30mins	£35.50
1hr	£61.70
Minimum charge	£18.00

Permanent removal of unwanted hair by blend electrolysis. (Diathermy & galvanic blended together)

20mins	£26.50
30mins	£37.70
1hr	£61.70

ADVANCED COSMETIC PROCEDURES USING ELECTROLYSIS

Enid specialises in Advanced Cosmetic Procedures using short wave diathermy to remove such blemishes as:

- skin tags
- moles
- seborrhoeic warts
- milia
- telangiectasia (thread veins)
- common warts
- verrucae
- blood spots
- plane warts
- age spots
- spider naevai

A thorough consultation and skin analysis is carried out by Enid before any treatment is started. In some cases GP's referral is necessary however the majority of skin blemishes can be removed on the day of consultation.

Per 15 minute session **£54.00**

SAVINGS

Purchase a course of 5 identical treatments and receive the **6th free** e.g. 6 x Age Summum facials for £385 or 6 x full leg waxes for £141

We have a loyalty card scheme on purchases of our Guinot range of high quality beauty products. Purchase 6 Guinot products and receive a **FREE Facial just for You!** Please ask for more details.

*We would like to thank our customers for arriving on time for their appointments. However, should you need to **cancel** or **change** your appointment, we would be grateful if you could ensure that 48 hours notice is given otherwise a cancellation fee may be applied.*

For treatments over £50 a pre payment may be required.

Please note that all timings are approximate and include changing.

GIFT VOUCHERS AVAILABLE
- the perfect gift for all occasions

